



The Montlor Moving Checklist

A decide-first, week-by-week plan. Print it, stick it to the refrigerator, work it top to bottom.

Eight Weeks Out · Decide Before You Pack

- ☐ Walk every room: comes with us, sells or donates, or gets tossed
- ☐ Start one move file for every estimate, receipt, and confirmation
- ☐ Fix the dates that cannot flex: school, job start, closing
- ☐ Request mover estimates now; good crews book out early

Six Weeks Out · Lighten the Load

- ☐ Finish the purge room by room; schedule donation pickup
- ☐ Measure rooms and doorways at the new home before moving furniture
- ☐ Stop restocking the freezer and pantry; eat them down
- ☐ Gather passports, titles, and records into one carried folder

Four Weeks Out · Book and Notify

- ☐ Confirm the mover in writing: date, crew, price
- ☐ File change of address; update bank, insurance, employer
- ☐ Schedule utilities: shutoff, turn-on, overlap day
- ☐ Transfer school and medical records; refill prescriptions
- ☐ Start packing least-used rooms; label every box by destination room

Two Weeks Out · Pack the House, Not the Life

- ☐ Pack all but a two-week kit per person
- ☐ Confirm elevator reservations, parking, and building rules on both ends
- ☐ Arrange move-day care for children and pets
- ☐ Disassemble ahead; bag and tape hardware to the furniture it belongs to



The Montlor Moving Checklist

A decide-first, week-by-week plan. Print it, stick it to the refrigerator, work it top to bottom.

Move Week

- ☐ Build the essentials box that rides in your own vehicle
- ☐ Empty and defrost the refrigerator a full day ahead
- ☐ Final sweep of closets, cabinets, crawl spaces; photograph empty rooms
- ☐ At the new home, set up the beds first

Moving into or out of the Triangle? We will read the market side of the move with you. hello@montlor.com